

Emergency Checklist

Batteries: Keep a supply of batteries on hand and replace them on a regular basis.

Food: Keep a supply of non-perishable food on hand and replenish it on a regular basis.

Flashlights: Keep several on hand and test them on a regular basis.

Portable Radio: Be certain you know your local emergency radio stations.

First Aid Kit: Make sure your kit is well stocked, especially with bandages and disinfectants. Replace used and outdated items immediately!

Fire Extinguisher: Have your extinguisher recharged regularly.

Water: Store in air-tight containers and replace about every six months.

Tools: Keep an adjustable wrench for turning off gas and water mains.

Special Items: Keep at least a one-week supply of medications and food for infants and people on restricted diets.

**Stay
Calm
and
Help
Others!**



TED W. LIEU
ASSEMBLYMEMBER, 53RD DISTRICT

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El Segundo, CA 90245



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ASSEMBLY

California's
**Earthquake
Preparedness
Guide**

California's Earthquake Preparedness Guide

**Important
Safety
Information**



California State Assembly

TED W. LIEU

ASSEMBLYMEMBER, 53RD DISTRICT

Dear Friend,

While the Legislature works closely with emergency response agencies on an ongoing basis to improve California's earthquake readiness and response services, there is no substitute for keeping your family prepared.

Earthquakes happen. There is nothing that can be done to prevent them, but there are things that can be done to prevent or reduce the harm they cause. *Preparedness is the key to eliminating a great deal of damage and injury.* The first 72 hours are critical. You need to be able to live without running water, electricity and/or gas and telephones for at least three days following a quake. Remember that police and fire departments will be busy with serious crises.

This guide offers checklists for what to do before, during and after the quake.

Natural calamity can strike anywhere, at any time. The Haitian and Chilean earthquakes are a reminder to all Californians that the long-expected "Big One" is a matter of "when," not "if."

Be ready and be prepared!

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DEVELOP A FAMILY PLAN

Prepare yourself, your family and your home by completing activities on this check list. As a further safety measure, fill out and carry emergency information cards.

Prepare Family Members:

- Learn first aid and CPR.
- Learn how to turn off gas, water and electricity.
- Learn where to take cover during an earthquake.
- Learn locations of nearby hospitals, clinics, fire stations, etc.
- Decide how and where your family will reunite if separated or if travel becomes difficult.
- Designate an out-of-state friend or relative that separated family members can call to report their whereabouts and condition.
- Conduct practice drills.
- Keep pet identification tags current.

Set Aside Supplies and Check Periodically:

- Portable radios, flashlights and batteries.
- A one-week supply of canned or dried food and a few gallons of water in plastic bottles.
- Adjustable wrench to turn off gas and water.
- Portable stove and matches.
- Extra blankets or sleeping bags.
- Available cash.
- Pet food.

If You Do Evacuate



Meeting Places If Separated:

- List three places where family members should plan to go if they cannot stay in or return to their home.
- If you arrive home after the quake and no one is there, this list will provide you with places to start looking for other family members.



Important Numbers & Addresses:

- During the first 24 hours following a major earthquake, use your telephone only in case of an emergency.



Take With You:

- Medicines and first aid kit.
- Flashlight, portable radio and batteries.
- Important papers and cash.
- Food, water, sleeping bags, and extra clothes.



Learn School Policies:

- Determine in advance whether the school's policy is to hold or to release your children in the event of an emergency, and be aware of the school's disaster preparedness plan.



Leave a Message:

- Post a message inside your home indicating where you can be found.

Earthquake Insurance Information:

(877) 797-4300

www.earthquakeauthority.com