

QUAKE EMERGENCY KITS

10 November 1989

Emergency kit order blanks are available at the HESEA office in R4; however, you can assemble your own kit if you prefer. You may have most of the essentials in your home or garage. Opinions vary as to what should be included in such a kit, but the American Red Cross recommends the following basics for two kits, car and home.

For the Car

- 1) First aid kit with bandages, gauze, tape, and handbook
- 2) Two quarts of water
- 3) Personal items, such as toothbrush, toothpaste, comb, soap, towel, razor, any needed prescriptions, antiseptic cream, aspirins, bandages, and gauze
- 4) Pocket knife
- 5) Leather gloves
- 6) Bottle opener
- 7) Matches
- 8) Flashlight with extra batteries and bulb
- 9) Pocket radio with extra batteries
- 10) Blanket
- 11) Dehydrated or canned food/snacks
- 12) Jumper cables
- 13) Screwdriver and crowbar
- 14) Plastic trash bags
- 15) Pencil and paper
- 16) Sterno canned heat

Store all of the above in a nylon backpack or metal or plastic container in the trunk of your car.

For the Home

- 1) Flashlight with extra batteries and bulbs
- 2) Portable radio with extra batteries
- 3) First aid kit and handbook
- 4) Two quarts of water for each person in the household
- 5) Foods—only canned, powdered, freeze-dried, or dehydrated types—enough to last each person one week
- 6) Personal items, such as toothbrush, toothpaste, comb, soap, towel, razor, any needed prescriptions, antiseptic cream, aspirins, bandages, and gauze
- 7) Gloves
- 8) Plastic trash bags
- 9) Aluminum foil
- 10) Household bleach
- 11) Tissues
- 12) Pocket knife and can opener
- 13) Small barbecue grill or hibachi
- 14) Matches, candles, and Sterno
- 15) Screwdriver, wrench, and crowbar
- 16) Sleeping bags and/or blankets
- 17) Change of clothes, underwear, and shoes
- 18) Pencil and paper
- 19) Keep important papers and cash close by

Large 40 to 50 gallon plastic or metal waste cans make good containers for the items.